

March 2024

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Administrator's Message

Hello Friends, Families and Residents of Roberta Place:



February was Heart and Stroke Awareness month. Let this be the month were you start making healthy habits. Heart and Stroke recommends adults should accumulate at least 150 minutes of moderate- to vigorous-intensity aerobic physical activity per week. Always speak to your family doctor before starting a new exercise routine and remember to listen to your body!

Just a friendly reminder to all our loved ones, *please do not* bring in candles into the home. Lighting a candle even for a birthday event will set off the fire alarms and they are potentially very dangerous to our residents and team members. You can now purchase battery-powered candles with light-up mechanism. Safety first!

Teresa Figliuzzi
Administrator



Roberta Place News

IPAC UPDATES:

Hi Friends, Families, and Staff Members:

Respiratory viruses such as Influenza, Covid-19, and Respiratory Syncytial Virus (RSV) are reported high in our community at this time. We strive to keep our residents safe. One control measure that we can follow is wearing the correct personal protection equipment (PPE). We ask you to please adhere to the correct steps when putting on and removing PPE when visiting a love one that is in isolation. This is to help eliminate the risk of transmission to other residents, loved ones, and yourself.

If you have any questions please do not hesitate to reach out.

Shania - Infection Prevention and control Lead Ext.266



Roberta Place News

Restorative Care :

March

- Multiple Sclerosis Awareness Month [Exercise and MS](#)
- National Bleeding Disorders Awareness Month
- National Kidney Month
- National Traumatic Brain Injury Awareness Month
- World Kidney Day (March 11)
- Purple Day for epilepsy awareness (March 26)
- [National Doctors Day \(March 30\)](#)
- [What is Muscular Endurance](#)



Roberta Place LTC Monthly Newsletter

March 2024

Roberta Place News

Steve Osborne - Environmental services manager
Email: sosborne@jarlette.com EXT 217

My weekly schedule:
Mon.- recover
Tues.- recover from
Monday.
Weds.- Work 10am - 2pm
Thurs.- prepare for Friday
FRIDAY: Weekend



som^{ee}cards
user card

Nutritional News

Let's celebrate Valentine's Day with a fancy meal!
Pork Sausages, Cowboy steak or Crunchy
Chicken scrumptious Valentine's Day special
desserts with fancy placemats and napkins.

Next Food Committee meeting is on Thursday,
February 1st, 2024. All are welcome.

Manpreet Kaur, Culinary Manager ext. 207

Valentine's day is a part of Healthy Heart
Month!

The Food Pyramid gives us lots of choices
to keep our hearts healthy and HAPPY!!



Roberta Place News

BRINGING NEW CLOTHING?

Our Clothing Drop Off Bin

If you have any new clothing for your loved one it will require labeling. PLEASE fill out the paperwork, attach it to the bag of clothes and place it in the bin that is located in our front foyer! It is our hope that this will prevent items from going missing before they are labeled. The Laundry Department empties this bin on a daily basis. Once the department has the clothing, they will label it and then provide it back to the resident. Thank you for your cooperation!



EMERGENCY CODES

RED - FIRE

WHITE - VIOLENT SITUATION

YELLOW - MISSING RESIDENT

BLUE - MEDICAL EMERGENCY

BLACK - BOMB THREAT

ORANGE - EXTERNAL

DISASTER - TORNADO

BROWN - CHEMICAL SPILL

PINK - ELEVATOR

EMERGENCY

GRAY - OUTSIDE AIR

EMERGENCY

March Birthdays



March Birthdays



Remembering and Recognizing Friends



Yvonne H

September 21st, 1932 - December 14th, 2023

Karen S

June 29th, 1951 - December 15th, 2023

Jesse W

June 26th, 1932 - December 27th, 2023

Ruth I

March 15th, 1939 - January 8th, 2024

Iris G

April 13th, 1931 - January 9th, 2024

Those we love
don't go away,
they walk beside us
every day...
unseen, unheard,
but always near,
still loved,
still missed
and very dear.

Resident Council News

Resident Bill of Rights Review:

RIGHT TO FREEDOM FROM ABUSE AND NEGLECT

Every resident has the right to freedom from abuse.

Every resident has the right to freedom from neglect by the license and staff.

RIGHT TO AN OPTIMAL QUALITY OF LIFE

Every resident has the right to communicate in confidence, receive visitors of their choice and consult in private with any person without interference.

Education:

We have invited Sue Martine (Palliative nurse from community) to come and provide education for residents during resident council. (February 1st @ 10am) This is to provide guidance and allow time for questions and answers.



**Next Resident Council
Meeting: February 1st
@ 10am**

Family Council News

Are you looking for a way to get involved with Roberta Place? Come together in a positive environment to meet other family members, support each other, and share ideas for the continuous well being of your loved one!

Join us!!

Contact

Glen Watson (Family Council Chair)
robertaplacefamilycouncil@gmail.com

or

Dylann Murphy-Peters (Resident Family Services Coordinator)
dmurphy-peters@jarlette.com
for more information.

Advocacy is...



Listening to people



Speaking up for them



Giving them a voice

Upcoming Events

Other upcoming fun events include:

c with Thomas
Gras Events
tine's Day FUN
e Matinee Puzzles with Pam
y Day Event
er Arrangements
ing with Olivia
O
nal Margarita Day

**Listed Special Events will be located
in the Large Activity Room**



Good News Stories

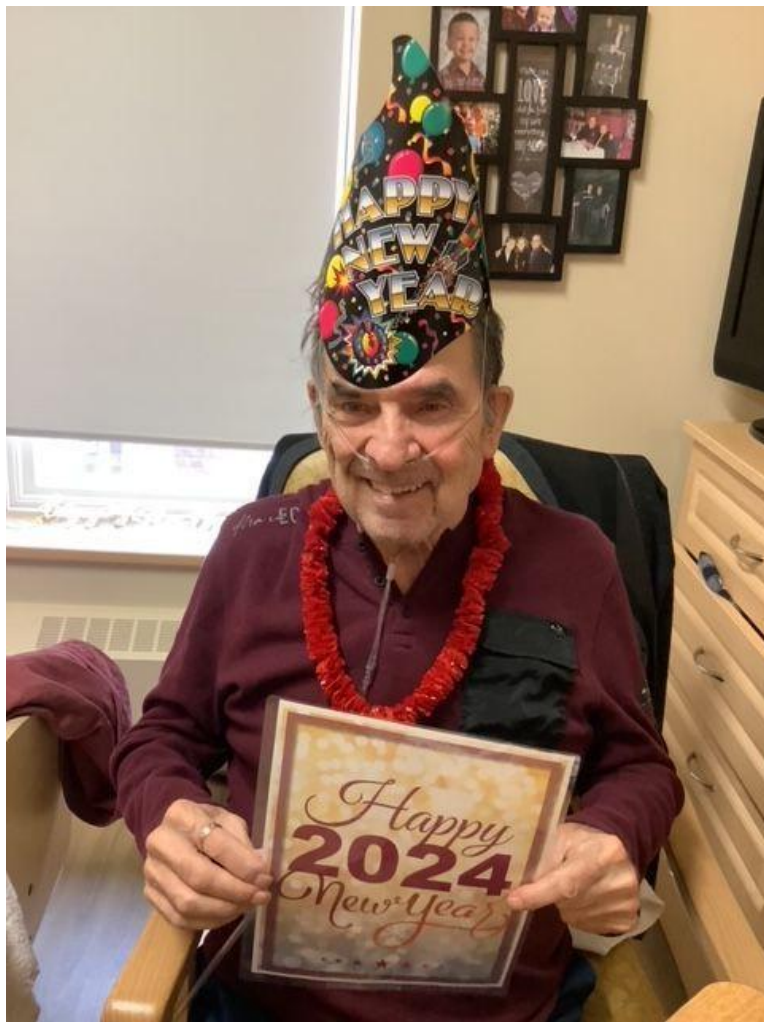
Floral Arrangements



Baking!







Your Management Team

Teresa Figliuzzi, Administrator ext 201
Jeremiah Zapanta, Director of Care ext 511
Shaz Mahdavi, Co-Director of Care ext 214
Rhonda Murray-Collins, Co-Director of Care ext 269
Matt Wheeler, Administrative Assistant ext 0
Bobbi Gauthier, MDS Coordinator ext 267
Shania Twyne, IPAC Coordinator ext 266
Dylann Murphy-Peters, Resident Family Services Coordinator ext 202
Manpreet Kaur, Culinary Manager ext 207
Olga Famina, Restorative Care Coordinator ext 265
Julie Heidman, Life Enrichment Coordinator ext 249
Eduardo Silva, Staff Coordinator ext 501
Steve Osborne, Environmental Services Manager ext 217
Alexis Schram, Housekeeping Supervisor ext 217



Director's Message

Dear Residents, Families and Staff

Long-term care (LTC) homes have many obligations related to the continuous quality improvement initiatives and in particular, the resident and family/caregiver experience surveys in the Fixing Long-Term Care Act, 2021 and the Regulation.

The highlights include:

Resident and Family/Caregiver Experience Survey

- Survey executed at least annually to measure the resident and family/caregiver experience with the home and the care, services, programs and goods provided.
- Home must seek the advice of Residents' Council and Family Council (if any) in carrying out the survey and acting on its results.

The Continuous Quality Improvement (CQI) Program: Each LTC home must

- Establish an interdisciplinary quality improvement committee, which must include at least one member from the Residents' Council and Family Council (if any);
- Ensure the home's CQI initiative is coordinated by a designated lead (who is a member of the home's staff);
- Prepare a report on the CQI initiative for the home each fiscal year;
- Publish the CQI initiative report on the home's website and share a copy of the report with the Residents' Council and Family Council (if any);
- Maintain a record of the names of the people who participated in the evaluations of improvements in the CQI report.

Director's Message

The Resident/Family/Caregiver Essential Caregiver survey results for our family of Jarlette Health Services LTC homes are published and ready to be shared with stakeholders in the homes.

This year we experienced one of our highest return rates with 768 people taking the time to complete a survey. Of note, is of the 768 respondents, 418 were residents themselves. The valuable information that the survey results provide is essential to the CQI initiatives in each of our homes and ensures the active engagement of many in improvements in *your* home.

My sincerest thanks to everyone who took the time to complete a survey and I look forward to the great planning work being undertaken to address areas of concern and interest in each home.

Kind regards,

Jill Knowlton
Director, LTC Operations
Jarlette Health Services

Jarlette Health Services News

Welcome to March! We will see how it arrives and how it departs; like a lion, or a lamb? In either case, hopefully there will be more sunshine to look forward in the month ahead.

There is plenty to celebrate during March. As part of our Employee Recognition and Engagement Program, **March is Maintenance Month and we celebrate the essential role of our maintenance team members!** These dedicated people work often behind the scenes to ensure our family of long-term care and retirement homes are kept in good condition and remain clean and safe to live and work in! If you see them in your home, please reach out to them to thank them for all they do!

We also want to wish all the women in our homes a **Happy International Women's Day (IWD) on March 8th!** We thank them for their unique contributions, many of them ones we couldn't do without, and we look forward to considering some of their remarkable achievements and what more we can do – at any age – to become a more inclusive society. The theme for IWD 2024 is *Inspire Inclusion!*

We also remind you that team members, residents and family members are invited to step forward as diversity representatives! Your home has **Diversity Cafes**, managed by a Diversity Lead, and at the meetings everyone may come together to explore diversity, and share our own experiences, while considering actions that may be taken to break down social and cultural barriers and build stronger relationships. For more information, reach out to your community's Diversity Lead or your community's administrator today!